



GENERAL REQUEST FORMAT FOR PROGRAMS and EVENTS

Date: 18.03.22

From,

...COORDINATOR
...IQAC
...GEMS COLLEGE

To,

The Principal
GEMS Arts and Science College,
Ramapuram, Malappuram, 679321

Sl No	Name of Department	Name of the Program	Date	Time	
				From	To
1	IQAC	1st chairmans lecture series	21.03.22	5.30pm	6.30pm

Venue: Google meet (online)

Resource person (if any): Dr. Kamalish K. Gulia, BMT Wong, SCTIMST, TUM

Associating Clubs/Departments (if any):

Sanctioning Details:

Approved Not Approved

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

COORDINATOR Seal
INTERNAL QUALITY ASSURANCE CELL (IQAC)
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM P.O., RAMAPURAM
MALAPPURAM DT., KERALA-679 321

Note: 1. Brochure shall be displayed/circulated in the college notice board.
2. Program Report shall be submitted within 5 days.



INTERNAL QUALITY ASSURANCE CELL (IQAC) GEMS ARTS & SCIENCE COLLEGE

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Registration No : KL/2019/0242803 (NGO -DARPAN) NITI AAYOG, GOVERNMENT OF INDIA

Recognised by UGC under 2 (f) of UGC Act 1956.

An ISO 9001:2015 Certified Institution

Circular No: IQAC/GEN/21-22/011

Date: 18.03.2022

CIRCULAR

This is to inform you all that the Internal Quality Assurance Cell (IQAC) has decided to conduct the first Chairman's Lecture Series on 21.03.2022. The program will be online through Google meet at 3.45 pm.

Looking forward to your participation.

Program Details:

- **Resource Person** : **Dr. Kamalesh K Gulia**, Scientist F (Additional professor), IN-charge, Division of Sleep Research , BMT wing, Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum.
- **Topic** : **'Sleep for Good Health and Happiness: Nature's Samurai'**

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INTERNAL QUALITY ASSURANCE CELL (IQAC)
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KADUNGAPURAM P.O., RAMAPURAM
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CHAIRMAN'S LECTURE SERIES

IN ASSOCIATION WITH IQAC



INAUGURAL SPEAKER



Honourable chairman
SHRI. MANJALAMKUZHI ALI MLA



Dr. Kamalesh K Gulia
Scientist F (Additional Professor)
In-charge, Division of Sleep
Research, BMT Wing
Sree Chitra Tirunal Institute for
Medical Sciences & Technology



21ST MARCH, 2022

05.30PM

PLATFORM: GOOGLE MEET

GEMS ARTS & SCIENCE COLLEGE, RAMAPURAM, MALAPPURAM, KERALA
(AFFILIATED TO UNIVERSITY OF CALICUT)

COORDINATOR
INTERNAL QUALITY ASSURANCE CELL (IQAC)
GEMS ARTS AND SCIENCE COLLEGE
KADUNGI P.O., RAMAPURAM
MALAPPURAM DT., KERALA-679 321

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO): RAMAPURAM
MALAPPURAM DT., KERALA-679 321



GEMS ARTS AND SCIENCE COLLEGE
(A Unit of Global Education and Management Studies Co-operative Ltd., No.M.782)
(Affiliated to University of Calicut)

SLEEP FOR GOOD HEALTH AND HAPPINESS NATURE'S SAMURAI

Date: 21.03. 2022

Time: 5.30 to 6.30 PM

Venue: Google Meet

Program Schedule

Welcome Address: Dr. Naveen Mohan (Principal, GEMS Arts and Science College)

Resource Person: Dr. Kamalesh K Gulia, Scientist F, Division of Sleep Research, BMT Wing,
Sree Chitra Tirunal Institute of Science and Technology, Trivandrum, Kerala.

Vote of Thanks: Dr. Finose A (IQAC Coordinator)




Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

PROGRAM REPORT

SLEEP FOR GOOD HEALTH AND HAPPINESS: NATURE'S SAMURAI

21.03.2022

IQAC of GEMS ARTS AND SCIENCE COLLEGE, RAMAPURAM organizes the first chairman lecture series on 21.03.2022 through Google Meet. The inaugural speaker of the Chairman's Lecture series was Dr. Kamalesh K Gulia, Scientist F, Division of Sleep Research, BMT Wing, Sree Chitra Tirunal Institute of Science and Technology, Trivandrum, Kerala. The program began with the inaugural speech by Mr. M Vasudevan. She emphasized the importance of a good night's sleep which shall enhance our cognitive abilities, allowing us to think clearly, concentrate effectively, and make sound decisions. It is during sleep that our brains consolidate information, solidify memories, and process emotions. Sleep deprivation, on the other hand, impairs our cognitive function, increases stress levels, and heightens the risk of mental health disorders such as anxiety and depression. Around 83 participants were there.




DR. NABEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-670 321

Photographs




DR. NAVEEN MOHAN
PRINCIPAL
GEM ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-575 377

Google Meet Attendance Tracking Report

Meeting Name: anv-ehv-bkc

Date: 21-Mar-202



Attendance Tracking Started At : 5:17:49 PM
Attendance Tracking Stopped At : 6:45:05 PM
Total Number of people Attended : 83
Total Meeting Duration : 1 hr 27 min 12s

Detailed Attendance Report

Apply Filter

Number Of People Attended More Than 65% Of Meeting: 50

Number Of People Attended Less Than 65% Of Meeting: 1

S.No	Participant Name	Attended Duration	Attended Percentage
1	ABDUL RAHMAN SHARAFI	1 hr 17 min 44s	90%
2	ABHIRAMI. K	1 hr 11 min 35s	83%
3	ABIN K I	1 hr 6 min 6s	76%
4	ADITHYA PARAYIL	3 min 29s	4%
5	AISWARYA KURIAKOSE	14 min 50s	18%
6	AISWARYA SATHEESH	1 min 36s	2%
7	AJMAL P	1 hr 24 min 33s	97%
8	ALFIYA NAZRIN	3 min 39s	5%
9	ANAND C	1 hr 4 min 52s	75%
10	ANASP ANU ANAS	58 min 28s	68%
11	ANEESH KUMAR C KUMAR	44 min 41s	52%
12	ANOOS BABU P K	1 hr 23 min 16s	96%
13	ARUN K	1 hr 6 min 32s	77%
14	ARYA GIRISH	6 min 41s	8%
15	ARYA UNNIKRISHNAN	8 min 49s	11%
16	ASHFINA CHELAKKODEN	24 min 46s	29%

<https://meet.google.com/anv-ehv-bkc/attendance-report.html>

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INTERNAL QUALITY ASSURANCE CELL (IQAC)
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MALAPPURAM DT., KERALA-679 321




DE. MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM

17	ASHITHA JERARD	1 hr 16 min 0s	88%
18	BASHEER U	40 min 16s	47%
19	DR.FINOSE A	1 hr 24 min 16s	97%
20	DR.NAVEEN MOHAN	1 hr 26 min 57s	100%
21	DRBALAGOPALAN UNNI	1 hr 25 min 31s	99%
22	FASEELA	1 min 42s	2%
23	FASNA KK	0 min 56s	2%
24	FRIDAY SEMINAR	1 hr 27 min 12s	100%
25	HASHMINA BEEGAM	0 min 54s	2%
26	JAYASREE SAJITH	41 min 57s	49%
27	JEEVESH MULLOLY	1 hr 8 min 40s	79%
28	JISHNA SHAHUL	0 min 30s	1%
29	JUNAID V	1 hr 24 min 21s	97%
30	K HARI	1 hr 16 min 1s	88%
31	KAMALESH GULIA	1 hr 23 min 35s	96%
32	KHADER VSM	1 hr 8 min 2s	79%
33	KRISHNA PRIYA M T	16 min 3s	19%
34	M ALIK	53 min 5s	61%
35	MAJIDA M	3 min 41s	5%
36	MIDHUN K	23 min 36s	28%
37	MOHAMED ASHREF	1 hr 24 min 31s	97%
38	MOHAMED NAVAS K	57 min 32s	66%
39	MOHAMMED ASGAR	1 hr 7 min 48s	78%
40	MOHAMMED MEHAFIL	2 min 33s	3%
41	MOHD FAVAS	5 min 21s	7%
42	MUFEEDA T	1 hr 24 min 15s	97%

S.NO	Participant Name	Time	Percentage
43	NANDU MR	1 hr 15 min 29s	87%
44	NASIYA.K.P NASI	16 min 19s	19%
45	NAYANA P	1 hr 21 min 3s	93%
46	NILEENA MENON	1 hr 8 min 11s	79%
47	NINSHA V UNNIKRISHNAN	1 hr 23 min 24s	96%
48	NISHI KRISHNA	0 min 51s	1%
49	NITHYA S A	1 hr 13 min 52s	85%
50	NIYAF RAMAPURAM	59 min 44s	69%
51	PRAJNA	34 min 57s	41%
52	RADHIKA SUDHI	1 hr 14 min 59s	86%
53	RAGHU DAMODARAN	1 hr 20 min 18s	93%
54	RAHMA HAMZA	1 hr 10 min 27s	81%
55	RAHOOF THOMMANCHERI	7 min 1s	9%
56	RAMEES MOHAMMED	1 hr 8 min 37s	79%
57	RANJU ARUN	1 hr 20 min 45s	93%
58	RESNA N K	1 hr 24 min 14s	97%
59	RIHAS TALKS N TRAVEL	1 hr 9 min 19s	80%
60	ROSHNIPK ACHUTHAN	1 hr 18 min 55s	91%
61	RUXSANA P M	46 min 22s	54%
62	SANA IHSANA	1 hr 11 min 8s	82%
63	SEETHAL P	1 hr 8 min 23s	79%
64	SHAHEEN VP	1 hr 14 min 51s	86%
65	SHAHEENA SAJID	38 min 20s	44%
66	SHAHNA P	6 min 40s	8%
67	SHAMEEMA M	1 hr 13 min 56s	85%
68	SHANA	51 min 5s	59%


 COORDINATOR
 INTERNAL QUALITY ASSURANCE CELL (IQAC)
 GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM P.O., RAMAPURAM
 MALAPPURAM DT., KERALA-679 321




 Dr. NAVEEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM P.O., RAMAPURAM
 MALAPPURAM DT. LA-679 321

69	SHIJILA MV	1 min 56s	3%
70	SHINSY P	1 hr 22 min 46s	95%
71	SIBINA AZEEZ	13 min 22s	16%
72	SIVAKUMAR K	1 hr 17 min 10s	89%
73	SOUMYA PS	1 hr 24 min 23s	97%
74	SREEJILA MIDHUN	35 min 37s	41%
75	SRUTHI NADH	1 hr 21 min 32s	94%
76	SRUTHI NAIR	1 hr 18 min 57s	91%
77	SUBEESH PALLIPPURAM C	9 min 6s	11%
78	SULABHA DAS	1 hr 9 min 49s	81%
79	SVN 4U	1 hr 16 min 10s	88%
80	SWATHI KG	1 hr 16 min 29s	88%
81	SWATHI SURENDRAN	19 min 18s	23%
82	VASUDEVAN M	1 hr 19 min 37s	92%
83	Wafa Wafa	1 hr 17 min 41s	90%



COORDINATOR
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KADUNGAPURAM P.O. RAMAPURAM
MALAPPURAM DT., KERALA-679 321





Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM P.O. RAMAPURAM
MALAPPURAM DT., KERALA-679 321



GENERAL REQUEST FORMAT FOR PROGRAMS and EVENTS

From,

Date: 16.06.22

...COORDINATOR
...IQAC
...GEMS COLLEGE.....

To,

The Principal
GEMS Arts and Science College,
Ramapuram, Malappuram, 679321

Sl No	Name of Department	Name of the Program	Date	Time	
				From	To
1.	IQAC	Trad chairman's lecture series.	21-06-22	3.45 PM	5.00 PM

Venue: Google meet (Online)

Resource person (if any): Dr. Shashi Bala Singh, Director, NIPER, Hyderabad

Associating Clubs/Departments (if any):

Sanctioning Details:

Approved Not Approved


Signature

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

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KADUNGAPURAM P.O., RAMAPURAM
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Note: 1. Brochure shall be displayed/circulated in the college notice board.
2. Program Report shall be submitted within 5 days.



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Registration No : KL/2019/0242803 (NGO -DARPAN) NITI AAYOG, GOVERNMENT OF INDIA

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An ISO 9001:2015 Certified Institution

Circular No: IQAC/GEN/22-23/003

Date: 17.06.2022

CIRCULAR

This is to inform you about the upcoming Second Chairman's Lecture Series which is an IQAC initiative. The program will be online through Google meet.

Looking forward to your participation.

Program Details:

- **Date and Time** : 21.06.2022, 3.45 pm – 4.45 pm
- **Resource Person** : Dr. Shashi Bala singh, Director, National Institute of Pharmaceutical Education & Research (Ministry of Chemicals and Fertilizers), Govt. of India, Hyderabad, Telegana
- **Topic** : 'Scientific Insights in Yoga'


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MALAPPURAM DT., KERALA-679 321

SECOND CHAIRMAN'S LECTURE SERIES



IN ASSOCIATION WITH IQAC

GUEST SPEAKER



Honourable chairman

SHRI. MANJALAMKUZHI ALI MLA

21st JUNE, 2022

03.45 PM

VIA GOOGLE MEET

TOPIC: "SCIENTIFIC INSIGHTS IN YOGA"



Dr. Shashi Bala Singh

Director

National Institute of Pharmaceutical
Education & Research
(Ministry of Chemicals & Fertilizers)

Govt of India

Hyderabad, Telegana

GEMS ARTS & SCIENCE COLLEGE, RAMAPURAM, MALAPPURAM, KERALA
(AFFILIATED TO UNIVERSITY OF CALICUT)

COORDINATOR
INTERNAL QUALITY ASSURANCE CELL (IQAC)
GEMS ARTS AND SCIENCE COLLEGE
KADUNJAPURAMP.O., RAMAPURAM
MALAPPURAM DT., KERALA-679 321

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADIUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321



GEMS ARTS AND SCIENCE COLLEGE
(A Unit of Global Education and Management Studies Co-operative Ltd., No.M.782)
(Affiliated to University of Calicut)

SCIENTIFIC INSIGHTS IN YOGA

Date: 21.06.2022

Time: 3.45 PM

Venue: Google Meet

Program Schedule

Welcome Address:

Dr. Naveen Mohan
Principal,
GEMS Arts and Science College

Resource Person:

Dr. Shashi Bala Singh,
Director,
National Institute of Pharmaceutical Education And Research,
Hyderabad.

Vote of Thanks :

Dr. Finose A
IQAC Coordinator
GEMS Arts and Science College



Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

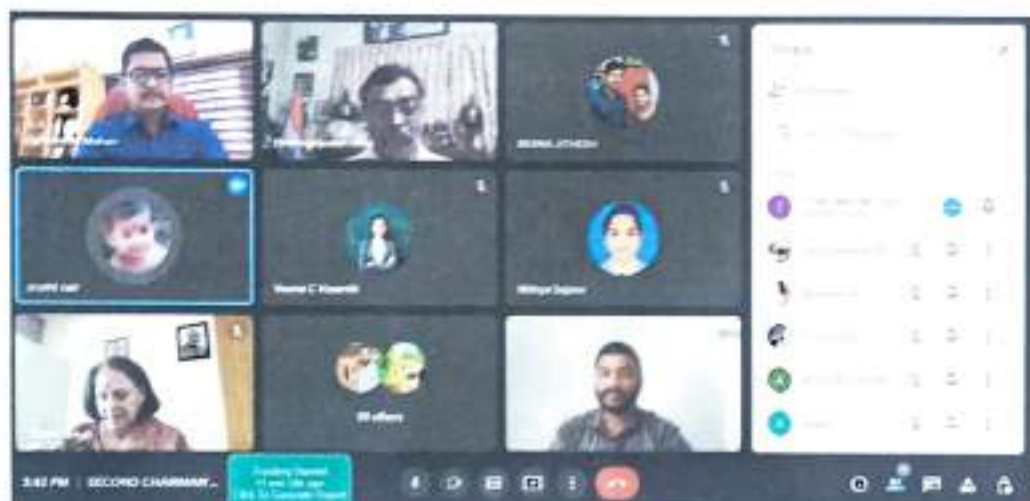
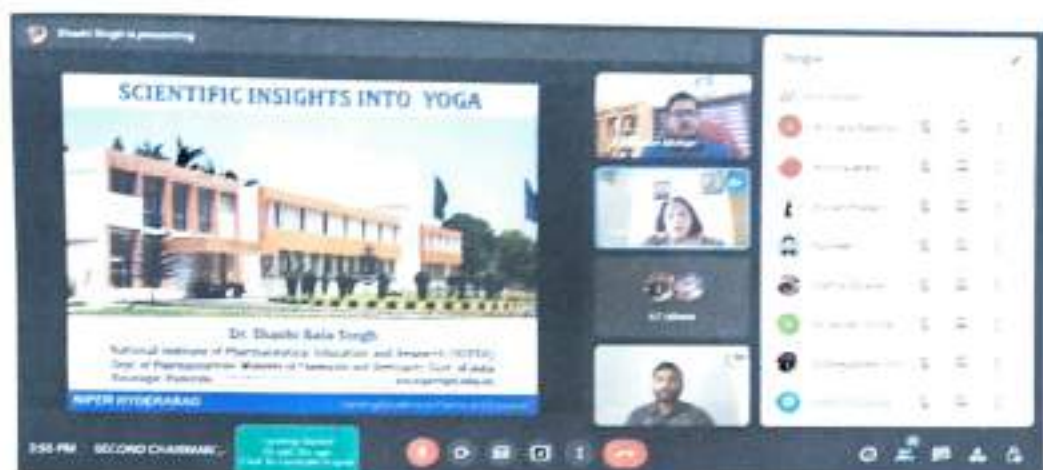
PROGRAM REPORT
SCIENTIFIC INSIGHTS IN YOGA
21.06.2022

The speaker of the 2nd Chairman's Lecture series was Dr.Shashi Bala Singh, Director, NIPER, Hyderabad. Dr.Shashi Bala Singh's research activities were explained briefly and she explained that scientific insights into yoga can provide evidence-based support for its effectiveness as a holistic practice for physical and mental well-being. While more research is still needed to fully understand the mechanisms involved, the existing scientific evidence underscores the potential of yoga as a valuable tool for promoting health, enhancing brain function, and fostering mind-body harmony. Around 75 participants were there.




Dr. NAVEEN MOHAN
PRINCIPAL
GEMS AND SCIENCE COLLEGE
KADURAMPURAM (PO), KADURAMPURAM
MALAPPURAM DT., KERALA-879 221

Photographs




Dr. Jayanti Reddy
NIPER Patancheru
National Institute of Pharmaceutical Education and Research
Patancheru, Hyderabad - 500 075
MALAPPURAM DIST., KERALA-670 521

Google Meet Attendance Tracking Report

Meeting Name: kne-xvrn-rae

Date: 21-Jun-2022


Download as pdf

Attendance Tracking Started At : 3:30:23 PM
Attendance Tracking Stopped At : 4:35:34 PM
Total Number of people Attended : 75
Total Meeting Duration : 1 hr 5 min 11s

Detailed Attendance Report


 Apply filter

Number Of People Attended More Than 65% Of Meeting: 67


Number Of People Attended Less Than 65% Of Meeting: 8

S.No	Participant Name	Attended Duration	Attended Percentage
1	ABDUL RAHMAN SHARAFI	55 min 32s	86%
2	ABHIRAMI K	1 hr 0 min 11s	93%
3	AISWARYA K	53 min 48s	83%
4	AISWARYA RAMESH	59 min 38s	92%
5	AJEESH T	1 hr 2 min 43s	97%
6	AKSHARAKOOTT SMITHA	56 min 53s	88%
7	ANASP ANU ANAS	1 hr 3 min 56s	99%
8	ANEESH KUMAR C KUMAR	57 min 33s	89%
9	ANOOS BABU P K	59 min 38s	92%
10	ARCHANA RAJESHKUMAR	1 hr 3 min 58s	99%
11	ASHITHA JERARD	56 min 47s	88%
12	ASWANI PRASAD	41 min 13s	64%
13	BASHEER U	59 min 46s	92%
14	CARTHIK BALARAM	57 min 29s	89%
15	DR.NAVEEN MOHAN	1 hr 3 min 56s	99%
16	DRBALAGOPALAN UNNI	1 hr 3 min 52s	98%

[https://meet.google.com/kne-xvrn-rae](#)


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INTERNAL QUALITY ASSURANCE CELL (IQAC)
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DR. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM P.O., RAMAPURAM
MALAPPURAM DT., KERALA

17	FRIDAY SEMINAR	1 hr 3 min 57s	99%
18	GEMS COLLEGE	1 hr 3 min 31s	98%
19	GEMS RAMAPURAM	52 min 25s	81%
20	HARITHA BABURAJ	53 min 29s	83%
21	HASHIE PARAMPATT	15 min 21s	24%
22	IRSHAD A	53 min 48s	83%
23	IRSHAD P	58 min 49s	91%
24	JAYASREE SAJITH	1 min 55s	3%
25	JUNAID V	56 min 35s	87%
26	K HARI	1 hr 2 min 51s	97%
27	KAVYA B KRISHNAN	1 hr 0 min 46s	94%
28	KRISHNA PRIYA M T	53 min 18s	82%
29	M ALIK	57 min 1s	88%
30	MIDHUN K	58 min 18s	90%
31	MOHAMED ASHREF	52 min 10s	81%
32	MOHAMMED ASGAR	28 min 35s	44%
33	MUFEEED ALI.K MUFEEED ALI.K	57 min 1s	88%
34	MUHAMMED BINSHAD	59 min 38s	92%
35	NASIYA K.P NASI	38 min 45s	60%
36	NAYANA P	1 hr 3 min 5s	97%
37	NINSHA V UNNIKRISHNAN	56 min 23s	87%
38	NITHYA SAJEEV	1 hr 0 min 16s	93%
39	NIYAF RAMAPURAM	55 min 33s	86%
40	RADHIKA SUDHI	59 min 22s	92%
41	RAGHU DAMODARAN	1 hr 0 min 43s	94%
42	RAHMA HAMZA	57 min 1s	88%


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DR. NAVEEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM (P.O.), RAMAPURAM
 MALAPPURAM DT., KERALA-679 321


43	RAMEES MOHAMMED	56 min 18s	87%
44	RANJU ARUN	1 hr 2 min 34s	96%
45	RESNA JITHESH	1 hr 1 min 6s	94%
46	ROSHNIPK ACHUTHAN	59 min 28s	92%
47	RUXSANA P M	57 min 20s	88%
48	SANDEEPAN K M	1 min 22s	3%
49	SARITHA MAHESH	55 min 28s	86%
50	SEETHAL P	57 min 48s	89%
51	SHABEER ATHIKKAVIL	57 min 35s	89%
52	SHAHEEN VP	1 hr 2 min 28s	96%
53	SHAMEEMA M	1 hr 1 min 27s	95%
54	SHAMMAS K	45 min 14s	70%
55	SHANA	55 min 27s	86%
56	SHASHI SINGH	58 min 38s	90%
57	SHIBA SHAMSUDHEENCK	55 min 2s	85%
58	SHUILA MV	1 hr 2 min 4s	96%
59	SHYJU MK	56 min 24s	87%
60	SUI K	59 min 28s	92%
61	SIVAKUMAR K	58 min 46s	91%
62	SOUMYA PS	1 hr 0 min 14s	93%
63	SREEJILA MIDHUN	57 min 37s	89%
64	SREEKALA A	57 min 37s	89%
65	SRUTHI NADH	42 min 10s	65%
66	SRUTHI NAIR	1 hr 0 min 52s	94%
67	SUBEESH PALLIPPURAM C	22 min 14s	35%
68	SWATHI KG	53 min 17s	82%

<https://www.iqac.org/>
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 GEMS ARTS AND SCIENCE COLLEGE
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 MALAPPURAM DT., KERALA-679 321



Dr. NAVFEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM P.O., RAMAPURAM
 MALAPPURAM DT., KERALA-679 321

69	THASREE RAIHANA	59 min 27s	94%
70	VAISHNA SUNIL K K	59 min 28s	92%
71	VARSHA VINU	56 min 20s	87%
72	VEENA C VASANTH	54 min 48s	85%
73	VIDYA KOTTARATHIL	58 min 8s	90%
74	VJ_VIJAYESH	53 min 50s	83%
75	WELLNESS WORLD	1 hr 1 min 31s	95%



COORDINATOR

INTERNAL QUALITY ASSURANCE CELL (IQAC)
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 KADUNGAPURAM P.O., RAMAPURAM
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DR. N. BEEN SULTAN
 PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM (P.O.) RAMAPURAM
 MALAPPURAM DT., KERALA-679 321



GENERAL REQUEST FORMAT FOR PROGRAMS and EVENTS

From,
.....COORDINATOR
.....IQAC.....
.....GEMS COLLEGE.....

Date: 17.10.22

To,
The Principal
GEMS Arts and Science College,
Ramapuram, Malappuram, 679321

Sl No	Name of Department	Name of the Program	Date	Time	
				From	To
1.	IQAC	<u>11th Chairman's Lecture Series.</u>	<u>20.10.22</u>	<u>3.30 PM</u>	<u>5.30 PM</u>

Venue: Google meet (Online)

Resource person (if any): Prof. (Dr). Asha. Banu Soletti, Professor, TISS Mumbai.

Associating Clubs/Departments (if any):

Sanctioning Details:

<input checked="" type="checkbox"/> Approved	<input type="checkbox"/> Not Approved
--	---------------------------------------

[Signature]
Signature

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
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2. Program Report shall be submitted within 5 days.



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An ISO 9001:2015 Certified Institution

Circular No: IQAC/GEN/22-23/019

Date: 18.10.2022

CIRCULAR

This is to inform you all that the Internal Quality Assurance Cell (IQAC) is decided to conduct the Third Chairman's Lecture Series on 20.10.2022. The program will be online through google meet at 3.30 pm.

Requesting all of you to participate without fail.

Program Details:

- **Resource Person** : Prof. Asha Banu Soletti, Professor at Centre for Health & Mental health, Dean-Student's Affairs, Tata Institute of Social Sciences, Deonar, Mumbai-88
- **Topic** : 'Ensuring Mental Health and Wellbeing for All: A Global Priority


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INTERNAL QUALITY ASSURANCE CELL (IQAC)
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM P.O., RAMAPURAM
MALAPPURAM DT., KERALA-679 321

THIRD CHAIRMAN'S LECTURE SERIES

IN ASSOCIATION WITH IQAC



Honourable chairman
SHRI. MANJALAMKUZHI ALI MLA

GUEST SPEAKER



Prof. (Dr) Asha Banu Soletti
Professor at Centre for Health &
Mental health
Dean-Students' Affairs
Tata Institute of Social Sciences,
Deonar, Mumbai-88



20TH OCT. 2022

03.30PM

VIA GOOGLE MEET

**TOPIC: "ENSURING MENTAL HEALTH AND WELLBEING FOR ALL:
A GLOBAL PRIORITY"**



GEMS ARTS & SCIENCE COLLEGE, RAMAPURAM, MALAPPURAM, KERALA
(AFFILIATED TO UNIVERSITY OF CALICUT)

COORDINATOR
INTERNAL QUALITY ASSURANCE CELL (IQAC)
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM P.O., RAMAPURAM
MALAPPURAM DT., KERALA-679 321

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321



GEMS ARTS AND SCIENCE COLLEGE
(A Unit of Global Education and Management Studies Co-operative Ltd., No.M.782)
(Affiliated to University of Calicut)

ENSURING MENTAL HEALTH AND WELLBEING FOR ALL A GLOBAL PRIORITY

Date: 20.10. 2022


Time: 3:30 PM

Venue: Google Meet

Program Schedule

- Welcome Address** : Dr. Naveen Mohan (Principal, GEMS Arts and Science College)
- Resource Person** : Dr. Asha Banu Soletti, Professor and Dean, TISS, Mumbai
- Vote of thanks** : Dr. Finose A (IQAC Coordinator)




Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

PROGRAM REPORT
MENTAL HEALTH AND WELLBEING FOR ALL: A GLOBAL
PRIORITY
20.10.22

The speaker of the 3rd Chairman's Lecture series was Dr. Asha Banu Soletti, Professor and Dean, TISS, Mumbai. Dr. Asha briefed on Mental health's importance in present society. Mental health disorders can manifest in various forms, including anxiety, depression, bipolar disorder, schizophrenia, and substance use disorders. These conditions not only affect individuals' daily functioning and quality of life but also place a significant burden on families, communities, and economies. Mental health is not simply the absence of mental illness but a state of well-being in which individuals can realize their full potential, cope with life's challenges, and contribute to society. It is imperative that we recognize mental health as a fundamental human right and make it a global priority. About 74 participants were there.




DR. NAVBEN MOHAN
PRINCIPAL
GEMINI ARTS AND SCIENCE COLLEGE
KADUNGURAH (PO), RAMAPURAM
MALAPPURAM DT., KERALA-576 221

Photographs



Dr. Naveen Mohan
DR. NAVEEN MOHAN
PRINCIPAL
K. J. SOMAIYA UNIVERSITY OF APPLIED SCIENCES
K. J. SOMAIYA UNIVERSITY OF APPLIED SCIENCES
BALAPURAM DT., KERALA - 679 321

Google Meet Attendance Tracking Report

Meeting Name: bfs-jmud-jcq

Date: 20-Oct-2



Download as pdf

Attendance Tracking Started At : 3:27:01 PM
Attendance Tracking Stopped At : 5:02:31 PM
Total Number of people Attended : 74
Total Meeting Duration : 1 hr 35 min 28s

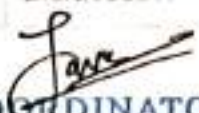
Detailed Attendance Report

Apply

Number Of People Attended More Than 65% Of Meeting: 34

Number Of People Attended Less Than 65% Of Meeting:

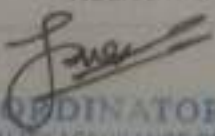
Sl No	Name	Duration	Percentage
1	ADHILA	19 min 58s	21%
2	AISWARYA RAMESH	1 hr 7 min 16s	71%
3	AJEESH T	37 min 21s	40%
4	AKHIL P P	12 min 20s	13%
5	AKSHARAKKOOTT SMITHA	17 min 6s	18%
6	ANAND C	1 hr 10 min 35s	74%
7	ANOOS BABU P K	14 min 30s	16%
8	ARSHAD M	21 min 15s	23%
9	ASHA SOLETTI	1 hr 15 min 9s	79%
10	ASHITHA JERARD	1 hr 16 min 43s	81%
11	BASHEER U	12 min 9s	13%
12	BASIJA P	1 min 7s	2%
13	BHANUSHA BHANU	8 min 38s	10%
14	CARTHIK BALARAM	1 hr 17 min 0s	81%
15	CHITHRA ALPARA	1 hr 19 min 57s	84%
16	DR.FINOSE A	1 hr 6 min 52s	71%


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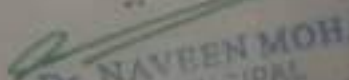

DR. RAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLL
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MALAPPURAM DT., KERALA-679 321

17	DR.NAYEEN MOHAN	1 hr 1 min 44s	65%
18	DRBALAGOPALAN UNNI	1 hr 19 min 28s	84%
19	FAHIS SANJU	6 min 22s	7%
20	FARSANA UBAID	1 min 1s	2%
21	FATHIMA MISHAL	1 min 18s	2%
22	FEMINASHERI VK	7 min 43s	9%
23	FRIDAY SEMINAR	1 hr 35 min 28s	100%
24	HARITHA BABURAJ	15 min 16s	16%
25	HARSHA DAS	7 min 17s	8%
26	IRSHAD P	54 min 44s	58%
27	JAYASREE GOVINDAN	1 hr 2 min 17s	66%
28	JEEVESH MULLOLY	58 min 57s	62%
29	JUNAID V	1 hr 6 min 31s	70%
30	KAYOOM AK	8 min 27s	9%
31	KRISHNA PRIYA M T	41 min 7s	44%
32	LAKSHMI KEERTHANA	30 min 19s	32%
33	M ALIK	28 min 30s	30%
34	MOHAMED ASHREF	1 hr 26 min 7s	91%
35	MOHAMED NAVAS K	1 hr 6 min 47s	70%
36	MUBASHIRA .P	7 min 12s	8%
37	NAJIYA V	0 min 8s	1%
38	NASIYA.K.P NAST	1 hr 28 min 18s	93%
39	NAYANA P	1 hr 6 min 49s	70%
40	NINSHA V UNNIKRISHNAN	1 hr 4 min 44s	68%
41	NITHYA S A	21 min 1s	23%
42	NUSRATH SHUMNA	1 hr 26 min 57s	92%



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MALAPPURAM DT., KERALA-679 321





Dr. NAYEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA

43	RADHIKA SUDHI	53 min 56s	57%
44	RAGHU DAMODARAN	14 min 28s	16%
45	RAHMA RANEES	1 hr 18 min 38s	83%
46	RAMEES MOHAMMED	1 hr 11 min 20s	75%
47	RANJU AR	1 hr 10 min 26s	74%
48	RESNA N K	1 hr 16 min 7s	80%
49	RINZIYA PARVEEN	9 min 25s	10%
50	ROSHNIPK ACHUTHAN	1 hr 16 min 57s	81%
51	SANDEEPAN K M	1 hr 8 min 10s	72%
52	SARITHA MAHESH	1 hr 12 min 47s	77%
53	SHAHALA SHALU	23 min 44s	25%
54	SHAMEEMA M	1 hr 8 min 27s	72%
55	SHAMMAS K	25 min 57s	28%
56	SHANA	1 hr 3 min 20s	67%
57	SHIBA SHAMSUDHEENCK	22 min 4s	24%
58	SHIJILA MV	29 min 6s	31%
59	SHINSY P	1 hr 10 min 0s	74%
60	SUI MOL K	1 hr 10 min 42s	75%
61	SIVAKUMAR K	1 hr 13 min 59s	78%
62	SK SREETHINI	1 hr 8 min 21s	72%
63	SOUMYA PS	1 hr 1 min 13s	65%
64	SREEJILA MIDHUN	1 hr 10 min 51s	75%
65	SREEKALA A	35 min 10s	37%
66	SULTHANA AFROZA P P	31 min 34s	34%
67	SUNI SHIHAB	1 hr 28 min 15s	93%
68	SWETHA GOPINATH	1 hr 9 min 5s	73%


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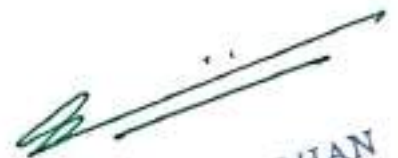

Dr. NAVEEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM (PO), RAMAPURAM
 MALAPPURAM D.T., KERALA-679

69	THANZEER SALAHUDEEN	1 min 8s	2%
70	VAISHNA SUNIL K K	1 hr 7 min 48s	72%
71	VASUDEVAN M	10 min 54s	12%
72	VEENA C VASANTH	45 min 29s	48%
73	VIDYA KOTTARATHIL	51 min 40s	55%
74	VJ_VIJAYESH	24 min 31s	26%



COORDINATOR

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 MALAPPURAM DT., KERALA-679 321

Dr. NAVTEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
 KADUNGAPURAM (P.O.), RAMAPURAM
 MALAPPURAM DT., KERALA-679 321



GENERAL REQUEST FORMAT FOR PROGRAMS and EVENTS

From,

Date: 13.12.22

COORDINATOR

IQAC

GEMS COLLEGE

To,

The Principal
GEMS Arts and Science College,
Ramapuram, Malappuram, 679321

Sl No	Name of Department	Name of the Program	Date	Time	
				From	To
1.	IQAC	5th Chairman's Lecture Series	16.12.22	3.00 PM	5.00 PM

Venue: Google meet (Online)

Resource person (if any): Dr. Hanumanth Purushotham, DPIIT chair, Andhra University, Govt of India.

Associating Clubs/Departments (if any):

Sanctioning Details:

Approved	Not Approved
----------	--------------

[Signature]
Signature

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-678 321

COORDINATOR
INTERNAL QUALITY ASSURANCE CELL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM P.O., RAMAPURAM
MALAPPURAM DT., KERALA-678 321

- Note: 1. Brochure shall be displayed/circulated in the college notice board.
2. Program Report shall be submitted within 5 days.



INTERNAL QUALITY ASSURANCE CELL (IQAC) GEMS ARTS & SCIENCE COLLEGE

Affiliated to University of Calicut

Registration No : KL/2019/0242803 (NGO -DARPAN) NITI AAYOG, GOVERNMENT OF INDIA

Recognised by UGC under 2 (f) of UGC Act 1956.

An ISO 9001:2015 Certified Institution

Circular No: IQAC/GEN/22-23/023

Date: 14.12.2022

CIRCULAR

This is to inform you all that the Internal Quality Assurance Cell (IQAC) has decided to conduct the Fourth Chairman's Lecture Series on 16.12.2022. The program will be online through Google meet at 3 00 pm.

Request all of you to participate without fail.

Program Details:

- **Resource Person** : Dr. Hanumanthu Purushotham, DPIIT-IPR Chair, Andhra University, Former CM, NRDC (Govt. Of India)
- **Topic** : 'IP Key for Achieving Atmanirbhar Bharat'


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INTERNAL QUALITY ASSURANCE CELL (IQAC)
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MALAPPURAM DIST., KERALA-679 223

WEBINAR



FOURTH CHAIRMAN'S LECTURE SERIES



MR. MANJALAM KUZHI ALI MLA
HON. CHAIRMAN - GEMS COLLEGE

Guest Speaker



DR. HANUMANTHU PURUSHOTHAM
DPIIT-IPR CHAIR, ANDHRA UNIVERSITY
FORMER CMD, NRDC (GOVT. OF INDIA)

**In Association with
IQAC**



16/DECEMBER/2022
03:00 PM
GOOGLE MEET

TOPIC:

"IP Key for achieving Atmanirbhar Bharat"



GEMS ARTS & SCIENCE COLLEGE

(Affiliated to University of Calicut)

RAMAPURAM, KADUNGAPURAM PO, 679321

PHONE: 04933-256123, 255700 (OFFICE)

Web : www.gemscollege.in

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MALAPPURAM DT., KERALA-679 321

Dr. NAVEEN MOHAN
PRINCIPAL

GEMS ARTS AND SCIENCE COLLEGE
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GEMS ARTS AND SCIENCE COLLEGE

(A Unit of Global Education and Management Studies Co-operative Ltd., No.M.782)

(Affiliated to University of Calicut)

IP KEY FOR ACHIEVING ATHMANIRBHAR BHARATH


Date: 16.12.2022

Time: 3:00 PM

Venue: GOOGLE MEET

Program Schedule

- Welcome Address:** Dr. Naveen Mohan,
Principal,
GEMS Arts and Science College
- Felicitation:** Dr. Balagopalan Unni,
Academic and Research Director,
GEMS Arts and Science College
- Resource Person:** Dr. Hanumanthu Purushotham,
DPIIT-IPR Chair,
Andhra University.
- Vote of Thanks:** Dr. Finose A,
IQAC Coordinator
GEMS Arts and Science College


Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321



PROGRAM REPORT

IP KEY FOR ACHIEVING ATMANIRBHAR BHARATH

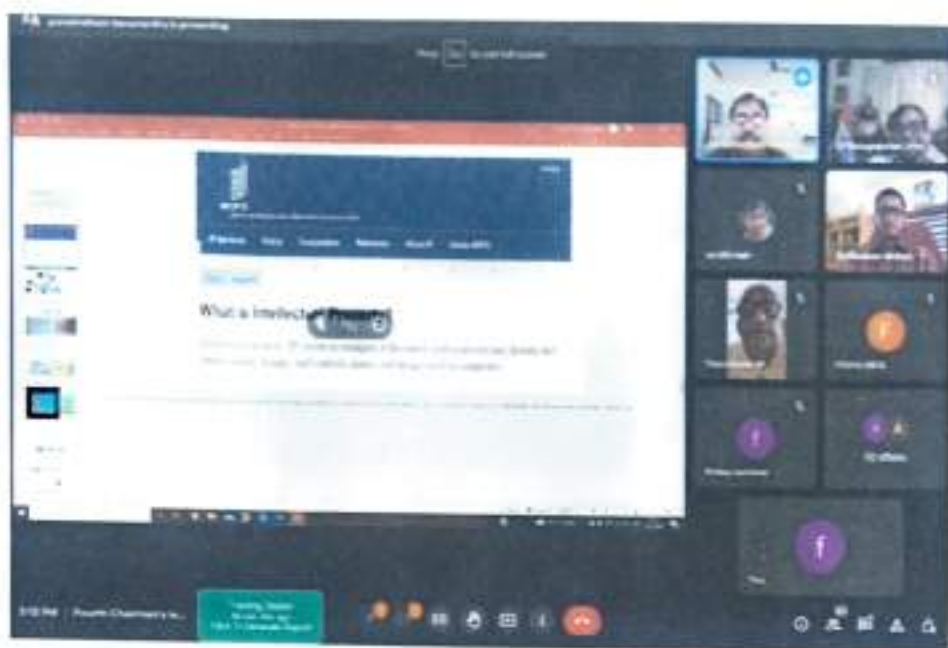
16.12.22

The speaker of the 4th Chairman's Lecture series was Dr.Hanumanthu Purushotham, DPIIT-IPR Chair, Andhra University. Dr.Hanumanthu described Intellectual Property Rights and their relevance to current-day research. Intellectual Property Rights (IPR) are crucial for fostering innovation, driving economic growth, protecting consumer interests, and preserving cultural heritage. They provide a framework for individuals and organizations to benefit from their creative and innovative endeavors while encouraging collaboration and the transfer of technology. By upholding and respecting IPR, we create an environment that nurtures creativity, rewards innovation, and ensures the sustainable development of societies and economies. About 140 participants were there.




DR. NAVEEN MOHAN
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CENTRAL BOARD OF SECONDARY EDUCATION
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MALAPPURAM DIST., KERALA-679 321

Photographs




Dr. NAVEEN MOHAN
PRINCIPAL
DENS ARTS AND SCIENCE COLLEGE
KADURUVALETTUR, P.O., KANNAPURAM
MALAPPURAM DIST., KERALA-576 321

Google Meet Attendance Tracking Report

Meeting Name: ofo-cxfi-wrv

Date: 16-Dec-2022

Attendance Tracking Started At : 2:26:06 PM
Attendance Tracking Stopped At : 4:04:37 PM
Total Number of people Attended : 140
Total Meeting Duration : 1 hr 38 min 26s


Detailed Attendance Report

Apply filter

Number Of People Attended More Than 65% Of Meeting: 59

Number Of People Attended Less Than 65% Of Meeting: 81

S.No	Participant Name	Attended Duration	Attended Percentage
1	ABDUL RAHMAN SHARAFI	6 min 30s	7%
2	ADHILA ANCHAMPARATHIKKAL	49 min 12s	50%
3	ADHILA FAVAD	18 min 52s	20%
4	ADIL KARUMBIL	55 min 35s	57%
5	AISWARYA GOVIND	1 hr 2 min 18s	64%
6	AJEESH T	1 hr 5 min 27s	67%
7	AKHIL P P	25 min 40s	27%
8	ANAMIKA V MANOJ	1 hr 12 min 7s	74%
9	ANAND C	1 hr 24 min 57s	87%
10	ANAS E	3 min 25s	4%
11	ANEESH KUMAR C KUMAR	1 hr 2 min 25s	64%
12	ANOOS BABU P K	1 hr 1 min 34s	63%
13	ANSHID IBAAZ	1 min 45s	2%
14	ARCHANA RAJESHKUMAR	1 hr 4 min 11s	66%
15	ARUN K	55 min 48s	57%
16	ARYA MK	9 min 4s	10%


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INTERNAL QUALITY ASSURANCE CELL (IQAC)
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Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (P.O.), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

17	ASHFINA CHELAKKODEN	15 min 37s	16%
18	ASHITHA JERARD	1 hr 5 min 12s	67%
19	ASJA N	40 min 14s	41%
20	ASLAM KUNNAKKAVU	47 min 47s	49%
21	ASLAMA PARVEEN N K	7 min 3s	8%
22	BASHEER U	1 hr 1 min 58s	63%
23	BASITHA	6 min 30s	7%
24	BINCY PK	42 min 43s	44%
25	CARTHIK BALARAM	1 hr 9 min 42s	71%
26	CHITHRA ALPARA	1 hr 18 min 39s	80%
27	DEVIKA NS	1 hr 1 min 49s	63%
28	DIVYA B	1 hr 12 min 39s	74%
29	DR.FINOSE A	1 hr 17 min 40s	79%
30	DR.NAVEEN MOHAN	1 hr 17 min 45s	79%
31	DRBALAGOPALAN UNNI	1 hr 11 min 47s	73%
32	F NOORA	2 min 18s	3%
33	FARSEENA SHARAFUDHEEN	7 min 42s	8%
34	FATHIMA HANNA C	1 hr 4 min 31s	66%
35	FATHIMA LADHEEDHA	2 min 57s	3%
36	FATHIMA MISHAL	46 min 25s	48%
37	FATHIMA THASNI	17 min 46s	19%
38	FATHIMATH RIFA K	0 min 10s	1%
39	FIDHA MOL	18 min 46s	20%
40	FRIDAY SEMINAR	1 hr 38 min 26s	100%
41	GEMS RAMAPURAM	4 min 9s	5%
42	HADIYA HARIM	11 min 38s	12%

[Signature]
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[Signature]
DR. NAVEEN MOHAN
PRINCIPAL

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MALAPPURAM DT., KERALA-679 321

43	HAFEEFA HANEEFA	27 min 15s	28%
44	HARITHA BABURAJ	1 hr 12 min 8s	74%
45	HARSHA DAS	1 hr 12 min 9s	74%
46	HASLA P	15 min 34s	16%
47	HASNA HILAL	0 min 32s	1%
48	HIBA FATHIMA P	18 min 38s	19%
49	HIBA NAZAR	30 min 37s	32%
50	IRFANA THASNI	31 min 48s	33%
51	IRSHAD A	1 hr 15 min 17s	77%
52	IRSHAD P	29 min 33s	31%
53	JAVASREE GOVINDAN	56 min 59s	58%
54	JESHMA JESHMA	20 min 27s	21%
55	JUHAINA VK	53 min 42s	55%
56	JUNAID V	1 hr 10 min 40s	72%
57	JURIMONI KALITA	19 min 28s	20%
58	JYOTHI LAKSHMI	24 min 3s	25%
59	K HARI	1 hr 15 min 24s	77%
60	KRISHNA PRIYA M T	1 hr 16 min 8s	78%
61	M ALIK	1 hr 12 min 51s	75%
62	MAJI SALEEM	1 hr 11 min 9s	73%
63	MOHAMED ASHREF	1 hr 4 min 22s	66%
64	MOHAMED NAVAS K	1 hr 6 min 14s	68%
65	MOHAMMED ASGAR	29 min 25s	30%
66	MOHAMMED MAHAROOF P POOLAYIL	1 min 20s	2%
67	MOHAMMED RASHAD	54 min 29s	56%
68	MOHAMMED SHAMEEL PK	52 min 36s	54%


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DR. NAVEEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
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69	MORSHIDA MOHAMMAD	1 hr 3 min 7s	65%
70	MUFEED ALIK MUFEED ALIK	1 hr 3 min 7s	65%
71	MUFEEDA T	1 hr 13 min 43s	75%
72	MUHAMMED BINSHAD	1 hr 1 min 7s	63%
73	NAJIYA MC	2 min 0s	3%
74	NAJIYA PARVI	4 min 59s	6%
75	NAJMA FARSANA	19 min 42s	21%
76	NASTYA K P NASI	34 min 19s	35%
77	NASLA MUSTHAQ	11 min 40s	12%
78	NASRIN K MOYIN	47 min 16s	49%
79	NAVEEN KRISHNA	56 min 7s	58%
80	NAYANA P	1 hr 13 min 53s	76%
81	NESAHA SIDHIQ	16 min 37s	17%
82	NINSHA V UNNIKRIISHNAN	1 hr 13 min 1s	75%
83	NITHYA S A	1 hr 6 min 51s	68%
84	NITHYA U	51 min 39s	53%
85	NUFI NUFAILA NUFAILA	1 hr 13 min 49s	75%
86	NUSRATH SHUMNA	1 hr 20 min 16s	82%
87	PRASEETHA MANNATHUPARAMBIL	27 min 17s	28%
88	PUNYA V	1 min 8s	2%
89	PURUSHOTHAM HANUMANTHU	1 hr 22 min 33s	84%
90	RADHIKA SUDHI	1 hr 17 min 36s	79%
91	RAGHU DAMODARAN	40 min 54s	42%
92	RAHMA HAMZA	42 min 25s	44%
93	RAMEES MOHAMMED	1 hr 12 min 43s	74%
94	RANJU AR	1 hr 20 min 27s	82%


[Signature]
COORDINATOR

INTERNAL QUALITY ASSURANCE CELL (IQAC)
GEMS ARTS AND SCIENCE COLLEGE
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MALAPPURAM DT., KERALA-679 321



[Signature]
Dr. RAVIEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (P.O.), RAMAPURAM
MALAPPURAM DT., KERALA-679 321

95	RASEEQUASHIN CK	30 min 24s	31%
96	RASHA RINJI	22 min 21s	23%
97	REEJA KKM254	50 min 32s	52%
98	RESNA N K	1 hr 8 min 13s	70%
99	RIHAS TALKS N TRAVEL	56 min 18s	58%
100	RINSHA CP RINSHACP	2 min 51s	3%
101	RINSHA VP	1 hr 12 min 39s	74%
102	ROSHNIPK ACHUTHAN	1 hr 18 min 39s	80%
103	RUXSANA P M	1 hr 8 min 45s	70%
104	SALEEMA FAHMI	0 min 33s	1%
105	SALVYA C	55 min 23s	57%
106	SAMRA MOHAMMED RASHEED	25 min 54s	27%
107	SANA PP	7 min 43s	8%
108	SANDEEPAN K M	1 hr 3 min 58s	65%
109	SARI KRISHNA	7 min 36s	8%
110	SARITHA MAHESH	1 hr 13 min 48s	75%
111	SEETHAL P	1 hr 10 min 6s	72%
112	SHAHUL HAMEED	40 min 52s	42%
113	SHAMEEMA M	1 hr 15 min 52s	78%
114	SHAMMAS K	1 hr 3 min 29s	65%
115	SHAMNA JABEEN	5 min 54s	6%
116	SHANA	1 hr 11 min 19s	73%
117	SHANA PK	45 min 45s	47%
118	SHEENA SHAJAHAN	1 hr 7 min 1s	69%
119	SHERIN P	1 hr 3 min 30s	65%
120	SHUJILA MV	55 min 18s	57%


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D. NAVEEN MOHAN
 PRINCIPAL
 GEMS ARTS AND SCIENCE COLLEGE
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121	SHINSY P	1 hr 20 min 24s	82%
122	SJI MOL K	1 hr 11 min 36s	73%
123	SIVAKUMAR K	1 hr 4 min 5s	66%
124	SK SREETHINI	1 hr 9 min 22s	71%
125	SOUMYA PS	1 hr 13 min 13s	75%
126	SREEJILA MIDHUN	1 hr 10 min 54s	73%
127	SREEKALA A	1 hr 12 min 4s	74%
128	SRUTHI NAIR	1 hr 15 min 25s	77%
129	SUBEESH PALLIPPURAM C	1 hr 5 min 31s	67%
130	SULTHANA AFROZA P P	1 hr 17 min 21s	79%
131	SUNI SHIHAB	1 hr 12 min 40s	74%
132	SWETHA GOPINATH	11 min 6s	12%
133	THASFIYA. C	17 min 58s	19%
134	UMMU HANIYYA	24 min 5s	25%
135	VAISHNA SUNIL K K	1 hr 20 min 36s	82%
136	VASUDEVAN M	1 hr 5 min 16s	67%
137	VEENA C VASANTH	1 hr 8 min 45s	70%
138	VIDYA KOTTARATHIL	1 hr 5 min 14s	67%
139	VIMAL THOMAS	29 min 34s	31%
140	VJ_VJAYESH	1 hr 10 min 19s	72%



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PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
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GENERAL REQUEST FORMAT FOR PROGRAMS and EVENTS

Date: 27-03-21

From,
COORDINATOR
IQAC
GEMS COLLEGE..

To,
The Principal
GEMS Arts and Science College,
Ramapuram, Malappuram, 679321

Sl No	Name of Department	Name of the Program	Date	Time	
				From	To
1.	IQAC	5th Chairmans Reelue and 15th Foundation Day cele	31-03-23	3.15pm	5.15pm
Venue: GEMS Realu (Hybrid mode)					
Resource person (if any): Dr. V.K. Khanna, CSIR-IITR Lucknow.					
Associating Clubs/Departments (if any):					
Sanctioning Details:					
<input checked="" type="checkbox"/> Approved <input type="checkbox"/> Not Approved		 Signature			
Dr. NAVEEN MOHAN PRINCIPAL GEMS ARTS AND SCIENCE COLLEGE KADUNCAPURAM (PO), RAMAPURAM MALAPPURAM DT., KERALA-679 321		COORDINATOR Seal INTERNAL QUALITY ASSURANCE CELL (IQAC) GEMS ARTS AND SCIENCE COLLEGE KADUNCAPURAM P.O., RAMAPURAM MALAPPURAM DT., KERALA-679 321			
Note: 1. Brochure shall be displayed/circulated in the college notice board. 2. Program Report shall be submitted within 5 days.					



INTERNAL QUALITY ASSURANCE CELL (IQAC) GEMS ARTS & SCIENCE COLLEGE

Affiliated to University of Calicut

Registration No : KL/2019/0242803 (NGO -DARPAN) NITI AAYOG, GOVERNMENT OF INDIA

Recognised by UGC under 2 (f) of UGC Act 1956.

An ISO 9001:2015 Certified Institution

Circular No: IQAC/GEN/22-23/032

Date: 28.03.2023

CIRCULAR

This is to inform you all that the Internal Quality Assurance Cell (IQAC) has decided to conduct the Fifth **Chairman's Lecture Series** on 31.03.2023. The program will be online (hybrid mode) at 3 00 pm.

Request all of you to participate without fail.

Program Details:

- **Resource Person** : Dr. V K Khanna, Chief Scientist, Systems Toxicology & Health Risk Assessment, CSIR Indian Institute of Toxicology Research, Lucknow, UP State.
- **Topic** : 'Neuroprotective Phytochemicals: Magic of Curcumin and Quercitin in Protecting Chemical Induced Neurodegeneration.


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GEMS Arts and Science College
(Affiliated to University of Calicut)
Ramapuram, Kadungapuram PO. 679321



CELEBRATES

15th Foundation Day & 5th Chairman Lecture Series

Research Centre In Association with IQAC



Mr. MANJALAMKUZHI ALI MLA
HON. CHAIRMAN- GEMS COLLEGE



Guest Speaker

Dr. V K KHANNA
Chief Scientist
Systems Toxicology & Health Risk
Assessment
CSIR- Indian Institute of
Toxicology Research
Lucknow, UP State


**31 MARCH 2023,
FRIDAY**

VENUE: GEMS THEATRE
TIME: 3:15-5:15 PM
HYBRID MODE

Topic- Neuroprotective Phytochemicals: Magic
of Curcumin and Quercetin in Protecting
Chemical Induced Neurodegeneration

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NEUROPROTECTIVE PHYTOCHEMICALS: MAGIC OF CURCUMIN AND QUERCETIN IN PROTECTING CHEMICAL-INDUCED NEURODEGENERATION

Date: 31.03.2023

Time: 3:15 PM

Venue: GEMS Theatre (Hybrid Mode)

Program Schedule

- Welcome Address** : Dr. Naveen Mohan (Principal, GEMS Arts And Science College)
- Resource Person** : Dr. V K Khanna (Chief Scientist, Systems Toxicology & Health Risk Assessment, CSIR)
- Vote of thanks** : Dr. Finose A (IQAC Coordinator)




Dr. NAVEEN MOHAN
PRINCIPAL
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PROGRAM REPORT

NEUROPROTECTIVE PHYTOCHEMICALS: MAGIC OF CURCUMIN AND QUERCETIN IN PROTECTING CHEMICAL-INDUCED NEURODEGENERATION

31.03.23

Dr. V K Khanna delivered a captivating talk on "Neuroprotective Phytochemicals: Magic of Curcumin and Quercetin in Protecting Chemical-Induced Neurodegeneration." The program commenced at 3:15 pm on March 31, 2023, and drew the participation of 61 faculties. Dr. Khanna's presentation delved into the fascinating world of neuroprotective phytochemicals, with a specific focus on the remarkable properties of Curcumin and Quercetin in safeguarding against chemical-induced neurodegeneration.

The talk shed light on the potential therapeutic benefits of these natural compounds derived from turmeric (Curcumin) and various plant sources (Quercetin). Dr. Khanna explored their antioxidant and anti-inflammatory properties, emphasizing their role in mitigating the effects of neurodegenerative disorders induced by exposure to harmful chemicals.

The interactive session allowed faculties to actively engage with Dr. Khanna, fostering a dynamic exchange of ideas. Participants had the opportunity to pose questions, seek clarifications, and share their insights on the application of neuroprotective phytochemicals in different contexts.

Dr. V K Khanna's talk not only provided valuable information on the neuroprotective potential of Curcumin and Quercetin but also sparked discussions on the broader implications for neurodegenerative research. The event served as an educational platform, encouraging faculties to explore the therapeutic possibilities offered by natural compounds in addressing complex challenges related to neurological health.

PHOTOGRAPHS




Dr. NAVEEN MOHAN
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PARTICIPANT LIST

EVENT: *DIX* CHAIRMANS LECTURE SERIES.

VENUE: THEATRE

DATE: 31.03.23

Sl No:	Name	Signature
1.	Dr Balagopalam ammi	<i>[Signature]</i>
2.	Dr. Naveen Mohan	<i>[Signature]</i>
3.	Mohammed Arshafim	<i>[Signature]</i>
4.	Mohammed Navees. K	<i>[Signature]</i>
5.	Dr. Fenose. A	<i>[Signature]</i>
6.	Dr. Nayana. P	<i>[Signature]</i>
7.	Dr. Siji Mel. K	<i>[Signature]</i>
8.	Abdul Basheer. U	<i>[Signature]</i>
9.	Anoos Babu. Pk	<i>[Signature]</i>
10.	Shana Parveen. T. T	<i>[Signature]</i>
11.	Preetu.	<i>[Signature]</i>
12.	Jansceera Rosini. M	<i>[Signature]</i>
13.	Silva Shohda	<i>[Signature]</i>
14.	Ranjusha. V. P	<i>[Signature]</i>
15.	Shameema. M	<i>[Signature]</i>
16.	Resna. N. K	<i>[Signature]</i>
17.	Jayasree. K. G	<i>[Signature]</i>
18.	Arunanya Govind	<i>[Signature]</i>
19.	Arunanya. S	<i>[Signature]</i>
20.	Sreethini. K	<i>[Signature]</i>
21.	Sheekala. A.	<i>[Signature]</i>
22.	Amara Majida. C	<i>[Signature]</i>
23.	Divya. B	<i>[Signature]</i>
24.	Shanitha. T. P	<i>[Signature]</i>
25.	Charanishra	<i>[Signature]</i>
26.	Sneethi. K	<i>[Signature]</i>
27.	Harshada. P	<i>[Signature]</i>

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[Signature]
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VENUE:		DATE:
Sl No:	Name	Signature
28	Sucilha Gopinath	
29	Aishwarya M	
30	Smitha Pramod	 31/3/23
31	Soumya P S	
32	Ninsha V. Unnikrishnan	
33	Nusrath Shumra C.H	
34	Ayisha Sismi M	
35	Suwatna Kp.	
36	Ruzsana P.M	
37	SREEJILA	
38	FARSHANA	
39	IRSHAD P	
40	Mohammed Niyas C	
41	Mufeed Ali K	
42	Mohammed Ramzes P	
43	Fathima Nisha M	
44	Rahma P	
45	Nithya S.A	
46	Ashika R.J	
47	Seethal P	
48	Mohammed Ali	
49	Sivakumar K	
50	HARI K	
51	Abdul Rehman CV	
52	Akhil P D	
53	Mohammed Niyas O	
54	MOHAMMED SHAMMAS K	

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 MALAPPURAM DT., KERALA-679 321

VENUE:

DATE:

Sl No:

Name

Signature

55

Christy p. nand

[Signature]

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Izshad. r

[Signature]

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Muhammad Binshad. k.

[Signature]

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Asgaa C

[Signature]

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Mohammedali. m

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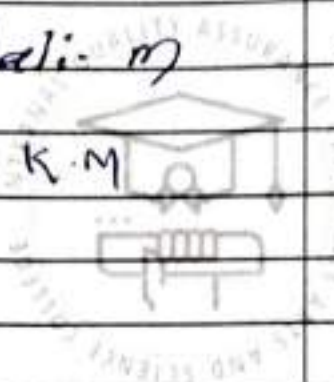
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Sandeepan. K.M

[Signature]



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[Signature]
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