



GENERAL REQUEST FORMAT FOR PROGRAMS and EVENTS

27.01.2021

From,

Head

P.G Department of Social Work and Sociology
GEMS Arts and Science College Ramapuram

To,

The Principal
GEMS Arts and Science College,
Ramapuram, Malappuram, 679321

Sl No	Name of Department	Name of the Program	Date	Time	
				From	To
1.	P.G Dept of Sociology & Sociology	Nava Jeevan	Feb 3 to Feb 12 2021	-	-

Venue: Lakkidi, Wayanad.

Resource person (if any):

Associating Clubs/Departments (if any): Tokem Resource Centre.

Sanctioning Details:

Approved Not Approved

Dr. NAVEEN MOHAN
PRINCIPAL
GEMS ARTS AND SCIENCE COLLEGE
KADUNGAPURAM (PO), RAMAPURAM
MALAPPURAM DT., KERALA-679 321


Signature

HEAD
PG Dept. of Social Work and Sociology
GEMS Arts & Science College
P.O. Kadamangapuram, Rama Seal
Malappuram Dt.-679 321

- Note: 1. Brochure shall be displayed/circulated in the college notice board.
2. Program Report shall be submitted within 5 days.

Circular No: SWS/20-21/09

Date: 11.02.2021

CIRCULAR

This is to inform you all that the PG Department of Social work and Sociology is organizing a programme on "Navajeevan Rural Community Camp" on 12/02/2021.

Time: 9.30 am

Venue: Wayanad.

I request all of you to participate in the same without fail.



Aneesh HOD

HEAD

PG Dept. of Social Work and Sociology
GEMS Arts & Science College
P.O. Kadaungapuram, Ramapuram
Malappuram Dt.-679 321



NAVAJEEVAN

Department of sociology and social work(DSSW),
GEMS arts and science college malappuram

**DEPT OF SOCIOLOGY AND SOCIAL WORK
IN ASSOCIATION WITH
TOTEM RESOURCE CENTRE**

Date: 12.02.2021 - 19.02.2021

HEAD

PG Dept. of Social Work and Sociology
GEMS Arts & Science College
P.O. Kadaungapuram, Ramapuram
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Dr. NAVEEN MOHAN
PRINCIPAL
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NAVAJEEVAN 2021

TEN DAYS COMMUNITY LIVING CAMP
Department Of Sociology and Social Work
GEMS ARTS AND SCIENCE COLLEGE, Malappuram

PROGRAMME SCHEDULE

Wednesday, February 3, 2021 (1st DAY)

Starting Time	9.00AM
Lunch	1.00PM
Reaching Venue (Lakkidi LP School)	3.00PM
Fresh Time	3.00PM to 4.00PM
Icebreaking Session – SHANISH.VN KARNATAKA STATE COORDINATOR TOTEM RESOURCE CENTRE	7.00PM to 9.00PM
Dinner	9.30PM
Bed Time	11.00PM

Thursday, February 4, 2021 (2nd DAY)

Wake Up	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea/Coffee Time	5.45AM to 6.00AM
Assembly Time	6.00AM to 6.15AM
Exercise/Yoga Time	6.15AM to 7.00AM
Breakfast Time	7.00AM to 8.00AM
Arrangements	8.00AM to 10.00AM
Inauguration Time	10.00AM to 1.00PM
Lunch Time	1.00PM to 2.00PM
Presentation	2.00PM to 2.30PM
Training Session	2.30PM to 4.00PM
Tea Time	4.00PM to 4.30PM
Interaction with Community	4.30PM to 6.00PM
Fresh up Time & Prayer	6.00PM to 6.30PM
Preparation for cultural programmes	6.30PM to 7.00PM
Cultural Programmes	7.00PM to 9.00PM
Dinner	9.00PM to 10.00PM
Evaluation	10.00PM to 11.30PM
Newspaper Preparation	11.30PM to 12.30AM
Bed Time	12.30AM to 5.00AM



NAVAJEEVAN 2021

Friday, February 5, 2021 (3rd DAY)	
Wake UP	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea /Coffee Time	5.45AM to 6.00AM
Assembly, Newspaper reading	6.00AM to 6.30AM
Exercise/Yoga Time	6.30AM to 7.15AM
Fresh up Time	7.15AM to 7.30AM
Breakfast Time	7.30AM to 8.00AM
Gender Based Survey	8.00AM to 1.00PM
Lunch Time	1.00PM to 2.00PM
Presentation	2.00PM to 2.30PM
Training Session – RIHAS PULAMANTHOLE (ASSISTAANT PROFFESSOR DEPARTMENT OF ENGLISH GEMS ASC, MALAPPURAM)	2.30PM to 4.00PM
Tea Time	4.00PM to 4.30PM
Interaction with community	4.30PM to 6.00PM
Fresh up Time & Prayer	6.00PM to 6.30PM
Preparation for cultural programmes	6.30PM to 7.00PM
Cultural Programmes	7.00PM to 9.00PM
Dinner Time	9.00PM to 10.00PM
Evaluation Time	10.00PM to 11.30PM
News paper preparation	11.30PM to 12.30AM
Bed Time	12.30AM to 5.00AM
Saturday, February 6, 2021 (4th DAY)	
Wake Up	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea/Coffee Time	5.45AM to 6.00AM
Assembly Time	6.00AM to 6.15AM
Exercise/Yoga Time	6.15AM to 7.00AM
Breakfast Time	7.00AM to 8.00AM
Gender based survey	8.00AM to 1.00PM
Lunch Time	1.00PM to 2.00PM
Presentation	2.00PM to 2.30PM
Training Session – Tribal culture and its Present status – WAYANAD. RESOURCE PERSON - AKBARALI VP (SOCIAL WORKER DEPARTMENT OF TRIBAL DEVELOPMENT WAYANAD)	2.30PM to 4.00PM
Tea Time	4.00PM to 4.30PM
Walking	4.30PM to 6.00PM



NAVAJEEVAN 2021

Fresh Up Time & Prayer	6.00PM to 6.30PM
Preparation for cultural programmes	6.30PM to 7.00PM
Cultural Programmes	7.00PM to 9.00PM
Dinner	9.00PM to 10.00PM
Evaluation	10.00PM to 11.30PM
Newspaper Preparation	11.30PM to 12.30AM
Bed Time	12.30AM to 5.00AM
Sunday, February 7, 2021 (5th DAY)	
Wake UP	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea /Coffee Time	5.45AM to 6.00AM
Assembly, Newspaper reading	6.00AM to 6.30AM
Exercise/Yoga Time	6.30AM to 7.15AM
Fresh up Time	7.15AM to 7.30AM
Breakfast Time	7.30AM to 8.00AM
Gender based survey	8.00AM to 12.00PM
Refreshment Time	12.00PM to 1.00PM
Lunch Time	1.00PM to 2.00PM
Presentation	2.00PM to 2.30PM
Training Session	2.30PM to 4.00PM
Tea Time	4.00PM to 4.30PM
Walking	4.30PM to 6.00PM
Fresh up & Prayer	6.00PM to 6.30PM
Preparation for cultural programmes	6.30PM to 7.00PM
Cultural Programmes	7.00PM to 9.00PM
Dinner Time	9.00PM to 10.00PM
Evaluation Time	10.00PM to 11.30PM
News paper preparation	11.30PM to 12.30AM
Bed Time	12.30AM to 5.00AM
Monday, February 8, 2021 (6th DAY)	
Wake UP	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea /Coffee Time	5.45AM to 6.00AM
Assembly, Newspaper reading	6.00AM to 6.30AM
Exercise/Yoga Time	6.30AM to 7.15AM
Fresh up Time	7.15AM to 7.30AM
Breakfast Time	7.30AM to 8.00AM
Gender based survey	8.00AM to 12.00PM
Refreshment Time	12.00PM to 1.00PM
Lunch Time	1.00PM to 2.00PM
Presentation	2.00PM to 2.30PM



NAVAJEEVAN 2021

Training Session	2.30PM to 4.00PM
Tea Time	4.00PM to 4.30PM
Walking	4.30PM to 6.00PM
Fresh up & Prayer	6.00PM to 6.30PM
Preparation for cultural programmes	6.30PM to 7.00PM
Cultural Programmes	7.00PM to 9.00PM
Dinner Time	9.00PM to 10.00PM
Evaluation Time	10.00PM to 11.30PM
News paper preparation	11.30PM to 12.30AM
Bed Time	12.30AM to 5.00AM
Tuesday, February9, 2021 (7th DAY)	
Wake UP	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea /Coffee Time	5.45AM
Assembly, Newspaper reading	6.00AM to 6.30AM
Exercise/Yoga Time	6.30AM to 7.15AM
Fresh Up Time	7.15AM to 7.30AM
Breakfast Time	7.30AM to 8.00AM
Gender based survey	8.00AM to 1.00PM
Lunch Time	1.00PM to 2.00PM
Debate	2.00PM to 2.30PM
Training Session	2.30PM to 4.00PM
Tea Time	4.00PM to 4.15PM
Preparation for closing ceremony	4.15PM to 5.00PM
Valedictory session - Dr NAVEEN MOHAN PRINCIPAL , GEMS ASCMALAPPURAM Felicitation- MOHAMMED NAVAS K Vice Principal , GEMS ASCMALAPPURAM	5.00PM to 7.00PM
Prayer & Preparation for cultural programmes	7.00PM to 7.30PM
Cultural Programmes	7.30PM to 9.30PM
Dinner Time	9.30PM to 10.15PM
Evaluation Time	10.15PM to 11.30PM
News paper preparation	11.30PM to 12.30AM
Bed Time	12.30AM to 5.00AM
Wednesday, February10, 2021 (8th DAY-EXPOSURE VISIT)	
Wake UP	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea /Coffee Time	5.45AM to 6.00AM
Assembly, Newspaper reading	6.00AM to 6.30AM
Exercise/Yoga Time	6.30AM to 7.15AM
Fresh Up Time	7.15AM to 7.30AM




NAVAJEEVAN 2021

Breakfast Time	7.30AM to 8.00AM
Outing Time Start	8.00AM
Lunch(Out Side)	1.30PM
Evening Tea	4.30PM
Back To Venue	
Dinner	
Evaluation	
Bed Time	
Thursday, February11, 2021 (9th DAY-NGO VIST)	
Wake UP	5.00AM
Morning Routine	5.00AM to 5.30AM
Tea /Coffee Time	5.45AM to 6.00AM
Assembly, News paper reading	6.00AM to 6.30AM
Exercise/Yoga Time	6.30AM to 7.15AM
Fresh Up Time	7.15AM to 7.30AM
Breakfast Time	7.30AM to 8.00AM
Outing Time Start	8.00AM
Lunch (Out Side)	1.30PM
Evening Tea	4.30PM
Back To Venue	
Dinner	
Camp Fire	
Bed Time	
Friday, February12, 2021 (10th DAY-Back to College)	
Starting Time	8.00AM
Lunch	1.00PM
Reaching College	2.00PM

PROGRAM REPORT
NAVAJEEVAN RURAL CAMP
03.02.2021 to 12.02.2021

The PG Department of Social Work and Sociology of GEMS Arts and Science College, Ramapuram organized a community living camp in association with "Totem Resource Centre" for the first semester MSW students of batch 2020- 2022 at Lakkidi, Wayanad. The community living camp was held from 3 February 2021 to 12 February 2021. The Programs include observations, interactions, transect walks, and Gender-based surveys. The trainee observed the community "Paniya Tribal" also they got an opportunity to interact with them. As well trainees utilized the 10 days of rural camp in productive manure which is beneficial to develop their knowledge and skills according to their area in their field. A total of 18 students participated.




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Photographs

NAVAJEEVAN RURAL CAMP 03/02/2021 TO 12/02/2021



NAVAJEEVAN RURAL CAMP, 03-02-2021 to 12-02-2021




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Department of Social work and Sociology

GEMS Arts and Science College Ramapuram

Rural Community Living Camp

Date: 12/02/2021 to 19/02/2021

Venue: Lakkidi, Wayanad

SL. No	Name	Class	Signature
1.	Thanyitha K.S		
2.	Varsha K.S.		
3.	Shruti e		
4.	Shikha		
5.	Shahle shree M J		
6.	Noor Hameed		
7.	Nareema M		
8.	Layana TT		
9.	Hemant P		
10.	Fathimath Shahula E		
11.	Alby Thomas		
12.	Anusree V M		
13.	Ayesha Fathima K P		
14.	Bineesh A		
15.	Fathima Ayesha M		
16.	Fathimath Sana		
17.	Arun K		
18.	Vinitha K P		

HEAD

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